



## CREATE THE FUTURE YOU WANT: 3 PRACTICAL WAYS TO MAKE YOUR WORK LIFE MORE ENERGIZING

with Josh Allan Dykstra  
\$395 (US) per person

VIRTUAL SESSION (3-HOUR)

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This program goes beyond traditional "company culture" fixes, focusing instead on practical, strengths-based strategies to create a more engaged, high-performing work environment. Participants will identify their top three energizing activities at work and learn exactly how to leverage them to get into flow states more regularly, increase productivity, and reduce tensions with colleagues.

For individual contributors, this workshop offers tools to maximize personal strengths, boost resilience, and find deeper purpose in daily tasks. Team leaders will gain insights on how to foster team strengths, build a sense of belonging, and manage workloads with greater adaptability, creating a more energized and cohesive workforce. Through interactive exercises and collaborative discussions, this workshop builds a bridge between personal growth and operational effectiveness, empowering each participant to "reprogram" their way of working. Attendees will walk away with actionable steps for sustaining energy, maximizing their strengths, and driving more meaningful impact in their roles.

## JOSH ALLAN DYKSTRA

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Josh Allan Dykstra is the world's foremost practitioner on the Future Of Work and Human Energy™, helping audiences create the future they want to work in by reimagining the way organizations and people interact. He has served a client list of companies that collectively employ over a million people. Josh is the founder and CEO of The Work Revolution, and his articles and ideas have been featured by Fast Company, Forbes, The Huffington Post, and Business Insider. He holds an MBA in Executive Leadership from the University of Nebraska-Lincoln and his latest book, Igniting the Invisible Tribe: Designing An Organization That Doesn't Suck, is available on Amazon and Audible.

# TOPICS COVERED

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LEADERSHIP VS MANAGEMENT  
FEEDBACK SKILLS  
COLLABORATION AND INFLUENCE  
SELF- IMPROVEMENT

FOR REGISTRATION PLEASE CONTACT: **Spiro Serpanos** - IMS Regional Director - Washington-D.C.  
Phone: +1 (202) 367-6226 Email: [wadc@ims-online.com](mailto:wadc@ims-online.com) Website:  
<https://ims-online.com/leadership-development/Washington-D.C./27>