



## MOST POWERFUL YOU: HOW WOMEN LEADERS CLOSE POWER GAPS & REACH THEIR HIGHEST POTENTIAL

with Kathy Caprino  
\$395 (US) per person

VIRTUAL SESSION (3-HOUR)

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Women have made remarkable contributions to the business world, shaping industries and driving progress. Yet, the path to true equity remains unfinished. Kathy's research uncovers a troubling truth: 98% of professional women and 90% of men encounter at least one of seven critical power gaps, with more than 75% of women facing three or more. These gaps create barriers that hinder professionals from thriving and realizing their full potential.

This program offers an inspiring blend of real-life success stories, actionable strategies, and examples of women who have closed these power gaps. Guided by Kathy's leadership coaching expertise and insights from over 30 leading experts in fields essential to women's success, the program delivers proven solutions and clear steps for growth. Through practical exercises, detailed action plans, and empowering tools, it equips women leaders with the confidence and resources to overcome obstacles and excel in their careers.

## KATHY CAPRINO

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Kathy Caprino is an internationally recognized executive and leadership coach, writer, TEDx and organizational speaker and educator dedicated to the advancement of women in business. A former corporate VP, she is also a trained therapist, seasoned executive coach, Senior Forbes contributor (with over 41 million views), a top media source on careers, and the author of two bestselling books - Breakdown, Breakthrough and her new book The Most Powerful You: 7 Bravery-Boosting Paths to Career Bliss.

With her Finding Brave podcast (ranking in the Top 100 Apple Career Podcasts), books, assessments, coaching programs, courses and other key resources, Kathy's been named a Top Career Coach and Leadership Voice in the U.S. and internationally and her core mission is to support a "finding brave" global movement that empowers professionals to close their power gaps and reach their highest, most rewarding potential and impact in their work.

# TOPICS COVERED

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## **EMBRACING YOUR VALUE AND STRENGTHS AS A LEADER**

RECOGNIZING AND OWNING YOUR UNIQUE TALENTS, CONTRIBUTIONS, AND IMPACT  
SHIFTING FROM SELF-DOUBT TO SELF-EMPOWERMENT

## **CULTIVATING POWERFUL RELATIONSHIPS AND SUPPORT NETWORKS**

CONNECTING WITH INFLUENTIAL MENTORS, SPONSORS, AND ALLIES  
BUILDING UPLIFTING COMMUNITIES THAT FOSTER GROWTH AND OPPORTUNITY

## **OVERCOMING CHALLENGES AND THRIVING IN THE WORKPLACE**

IDENTIFYING AND ADDRESSING BARRIERS THAT HOLD WOMEN BACK  
TURNING PAST CHALLENGES INTO STEPPING STONES FOR CAREER SUCCESS

## **LESSONS FROM WOMEN LEADERS: REAL STORIES, REAL STRATEGIES**

INSIGHTS FROM TOP EXPERTS AND ACCOMPLISHED WOMEN ACROSS INDUSTRIES  
ACTIONABLE STEPS AND EXERCISES FOR IMMEDIATE APPLICATION

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