



## AUTHENTIC LEADERSHIP: BUILD TRUST, RESOLVE CONFLICTS, AND INSPIRE OTHERS

with Mike Robbins

\$395 (US) per person

VIRTUAL SESSION (3-HOUR)

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Authenticity is critical to success and effectiveness for 21st-century leaders. In a world where trust is increasingly valued and relationships are central to achieving goals, it's more important than ever for leaders to cultivate authentic connections. These relationships help build trust, foster open communication, resolve conflicts, and create a true sense of inspiration and unity within teams and organizations. Authentic leadership isn't just a buzzword—it's the foundation for driving meaningful change and achieving sustainable success.

This interactive program dives deep into the principles of authentic leadership, offering valuable insights and practical techniques that leaders can apply immediately. Grounded in positive psychology and strengths-based leadership principles, the program equips participants with the tools they need to navigate today's complex workplace challenges.

The program covers core concepts such as proven ways to build trust genuinely and foster stronger connections, strategies for engaging in difficult conversations with confidence and empathy, and the powerful impact of appreciation on team morale and results. Participants will also learn how to give feedback in a way that is both authentic and effective, ensuring that their communication motivates and inspires growth. By the end of the program, leaders will walk away with a clear understanding of how to lead with authenticity and create lasting impact within their organizations.

# MIKE ROBBINS

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Mike Robbins is the author of five books, including *Bring Your Whole Self to Work*, and, his latest, *We're All in This Together*. He's a sought-after speaker and consultant who delivers keynotes and seminars for some of the top organizations in the world.

Mike lives in the San Francisco Bay Area and his clients include Google, Wells Fargo, Microsoft, Genentech, eBay, the NBA, Schwab, the Atlanta Braves, and many others. He has partnered with IMS for the past decade.

He and his work have been featured in the *New York Times* and the *Harvard Business Review*, as well as on NPR and ABC News. He's a regular contributor to Forbes, hosts a weekly podcast, and his books have been translated into 15 different languages.

## TOPICS COVERED

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### **AUTHENTICITY: DEFINING AND EMBRACING YOUR TRUE LEADERSHIP STYLE**

UNDERSTANDING WHAT AUTHENTICITY MEANS TO YOU AND HOW IT SHAPES YOUR LEADERSHIP  
THE AUTHENTICITY EQUATION: BALANCING TRANSPARENCY, CONFIDENCE, AND ADAPTABILITY

### **GROWTH MINDSET: UNLOCKING YOUR POTENTIAL**

THE KEY DIFFERENCES BETWEEN A GROWTH MINDSET AND A FIXED MINDSET  
WHY A GROWTH MINDSET IS ESSENTIAL FOR CONTINUOUS DEVELOPMENT AND SUCCESS

### **NAVIGATING CONFLICT WITH CONFIDENCE**

LOWERING YOUR "WATERLINE": HOW TO APPROACH CONFLICT WITH OPENNESS AND SELF-AWARENESS  
PRACTICAL STRATEGIES, TOOLS, AND TECHNIQUES FOR EFFECTIVE CONFLICT RESOLUTION

### **THE ART OF GIVING AND RECEIVING FEEDBACK**

BEST PRACTICES FOR DELIVERING FEEDBACK THAT ENCOURAGES GROWTH AND TRUST  
KEY CONSIDERATIONS WHEN RECEIVING FEEDBACK AND TURNING IT INTO ACTION

### **APPRECIATION VS. RECOGNITION: UNDERSTANDING THE DIFFERENCE**

WHEN AND HOW TO USE APPRECIATION VS. RECOGNITION FOR MAXIMUM IMPACT  
REAL-WORLD EXAMPLES OF APPRECIATION IN ACTION TO BOOST MORALE AND ENGAGEMENT

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