



POWER UP YOUR DAY: MASTER TIME AND FOCUS TO BOOST PRODUCTIVITY

with Bill Williams

\$395 (US) per person

VIRTUAL SESSION (3-HOUR)

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Are you feeling overwhelmed and exhausted at the end of the day and wondering when you're going to get all your 'stuff' done?

- 82% of people do not have a dedicated time management system
- 33% of people use a "To Do" list to manage their time and tasks
- On average, people waste 1.5 hours (91 minutes) each day on tasks and meetings that aren't important to their role

Bill will deliver a high-energy, 3-hour program that will allow you to own your time.

Do you know what's truly important to you? You certainly know what's urgent. Understand the difference between urgent and important.

Learn how to stay out of the 'Bermuda Triangle' of the time matrix and where you should be spending your time.

BILL WILLIAMS

He's called "Electric Bill" for a reason. Bill Williams is on a mission to shock us out of our static daily routines. He is known for his unique brand of electrified methodologies for the workplace, now available to you in *electric Life*.

Bill's honest, succinct, and enthusiastic approach to leadership has inspired and reshaped countless national organizations over the span of thirty years. Whether coaching an individual over Zoom, or speaking to rooms of more than a thousand delegates, Bill's impact is equally felt. His power comes from hearing "No" and reformulating it as "Not Yet."

Bill is the CEO of the boutique leadership development firm, The B4 Group Inc, and the host and brand ambassador for *The Art of Leadership Signature Summit / The Art of Leadership Women*. Bill caters his solution-based strategies to individuals and corporations in the private, public, and not-for-profit sectors.

TOPICS COVERED

HOW TO DEFINE WHAT'S IMPORTANT TO YOU AND BE SELF-FULL
HOW TO AVOID THE QUADRANT OF DECEPTION AND AVOID URGENCY
HOW TO APPLY THE EISENHOWER MATRIX AND TIME MATRIX TO ANALYZE
WHERE YOU ARE SPENDING YOUR TIME VERSUS WHERE YOU SHOULD BE
SPENDING YOUR TIME
WAYS TO LIVE ABOVE THE LINE TO ENSURE ALMOST EVERYTHING YOU DO
IS IMPORTANT TO YOU
HOW TO RESPECTFULLY TEACH PEOPLE HOW TO TREAT YOU
DETERMINE THE POINTS ON YOUR NORTH STAR AND HOW TO PRIORITIZE
YOUR MOST IMPORTANT RELATIONSHIPS IN YOUR WEEKLY PLAN.
HOW TO EXECUTE YOUR HIGHEST PRIORITIES DAILY SO YOU FEEL PROUD
OF YOUR ACCOMPLISHMENTS.

FOR REGISTRATION PLEASE CONTACT: **Robert Webster** - IMS Regional Director - Houston

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