IMS



AUTHENTIC LEADERSHIP: BUILD TRUST, RESOLVE CONFLICTS, AND INSPIRE OTHERS
with Mike Robbins
$395 (US) per person

VIRTUAL SESSION (3-HOUR)

AUTHENTIC LEADERSHIP: BUILD TRUST, RESOLVE CONFLICTS, AND INSPIRE OTHERS

Authenticity is critical to success and effectiveness for 21st century leaders. Now more than ever, it's essential for leaders to build authentic relationships in order to build trust, resolve conflicts, and create a true sense of inspiration and unity for their teams and organizations. This interactive program is filled with insight and practical techniques; all grounded in positive psychology and strengths-based leadership principles. Some of the core themes covered are: Ways to build trust genuinely; techniques for creating a team environment and company culture of transparency; how to engage in difficult conversations, facilitate the resolution of conflicts, and give feedback in an authentic and effective way; tips for engaging team members authentically; the key distinction between recognition and appreciation; and how to utilize the power of appreciation to drive results.

MIKE ROBBINS

Mike Robbins is the author of five books, including *Bring Your Whole Self to Work*, and, his latest, *We're All in This Together*. He's a sought-after speaker and consultant who delivers keynotes and seminars for some of the top organizations in the world.

Mike lives in the San Francisco Bay Area and his clients include Google, Wells Fargo, Microsoft, Genentech, eBay, the NBA, Schwab, the Atlanta Braves, and many others. He has partnered with IMS for the past decade.

He and his work have been featured in the *New York Times* and the *Harvard Business Review*, as well as on NPR and ABC News. He's a regular contributor to Forbes, hosts a weekly podcast, and his books have been translated into 15 different languages.

TOPICS COVERED

AUTHENTICITY

- WHAT DOES AUTHENTICITY MEAN TO YOU
- AUTHENTICITY EQUATION

GROWTH MINDSET

- WHAT IS THE GROWTH MINDSET VS. FIXED MINDSET
- WHY IS IT SO CRUCIAL TO YOUR DEVELOPMENT?

CONFLICT

- LOWERING YOUR WATERLINE WHEN IT COMES TO CONFLICT
- TIPS, TOOLS, AND STRATEGIES FOR EFFECTIVE CONFLICT RESOLUTION

FEEDBACK

- GIVING AND RECEIVING FEEDBACK
- THINGS TO CONSIDER WHEN GIVING FEEDBACK

APPRECIATION VS RECOGNITION

- WHEN AND WHERE TO USE APPRECIATION VS RECOGNITION
- APPRECIATION IN ACTION

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