

A MINUTE TO THINK: CONQUER BUSYNESS, RECLAIM CREATIVITY, AND DO YOUR BEST WORK
with Juliet Funt
Complimentary to IMS Members (US) per person

VIRTUAL SESSION (1-HOUR)

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Do you wish you could stop the mayhem of work and life for a brief moment and just take a minute? Does busyness deprive you of the oxygen your talents need to really catch fire? Many feel this way, but taking a pause has felt impossibleuntil now. In this engaging program Juliet Funt, author of A Minute To Think, will share strategies that will give you the permission, framework, and specific direction you need to regain control of your overloaded, caffeinated, inbox-worshipping workday and find your precious minute.

JULIET FUNT

Juliet Funt is a globally renowned speaker and author of A Minute to Think, nominated for the Next Big Idea Club curated by Malcolm Gladwell, Dan Pink, Susan Cain and Adam Grant. She is an evangelist for freeing the potential of companies by unburdening their talent from busywork, and she has brought her powerful concepts to Spotify, National Geographic, Anthem, Vans, Abbott, Costco, Pepsi, Nike, Wells Fargo, Sephora, Sysco, and ESPN. Using research, client stories, and a relatable voice, Juliet shows all of us how to reclaim time for thinking and make room for what truly matters.

FOR REGISTRATION PLEASE CONTACT: **Anne Kurzrock** - IMS Regional Director - Chicago
Phone: **+1 (775) 322.8222** Email: **chicago@ims-online.com** Website:
https://ims-online.com/leadership-development/Chicago/6