



LEADING WITH EMOTIONAL INTELLIGENCE with Brenda Bailey-Hughes \$395 (US) per person

**VIRTUAL SESSION (3-HOUR)** 

## LEADING WITH EMOTIONAL INTELLIGENCE

Developing your emotional intelligence can help you succeed at any stage of your life or career. It can also help you become a better leader, mentor, and coach. In this course, Brenda Bailey-Hughes defines exactly what emotional intelligence is and how it can help you manage your emotions and build stronger relationships. Learn how to understand others' perspectives, balance empathy and accountability, demonstrate listening, and respond appropriately to a variety of verbal and nonverbal cues.

## **BRENDA BAILEY-HUGHES**

Brenda Bailey-Hughes, MA, is an award-winning faculty member at the Kelley School of Business where she teaches business communication and leadership courses. Prior to joining the Kelley School, Brenda spent nearly a decade in human resources specializing in managerial training, mediation, and organizational development. She is a sought-after speaker and coach who frequently presents at conferences on over a dozen topics including influence, powerful presentations, leadership through the lens of emotional intelligence, customer service, and change strategies for personal growth.

## **TOPICS COVERED**

UNDERSTAND WHY EMOTIONAL INTELLIGENCE (EI) IS OFTEN MORE IMPORTANT TO SUCCESS THAN IQ OR TECHNICAL SKILLS LEARN HOW EMOTIONS IMPACT EFFECTIVENESS LEARN CONCRETE STRATEGIES TO INCREASE YOUR EMPATHY CONNECTION BETWEEN PSYCHOLOGICAL SAFETY AND EMOTIONAL INTELLIGENCE DEVELOP EI SKILLS TO IMPROVE YOUR EFFECTIVENESS AS A LEADER

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