



FROM PLAYER TO COACH: MAKING THE  
SUCCESSFUL TRANSITION TO MANAGEMENT  
with Dr. Michael Woodward  
\$395 (US) per person

VIRTUAL SESSION (3-HOUR)

## FROM PLAYER TO COACH: MAKING THE SUCCESSFUL TRANSITION TO MANAGEMENT

The transition from star player to team coach is a tremendous leap. All too often new managers are thrown into challenging circumstances with limited support and resources. With the impact of COVID and the move to virtual environments, managing is more stressful than ever before. As an organizational psychologist and professor of executive coaching at NYU, Dr. Woody believes that effective management is rooted in understanding the psychology of human nature. During this session Dr. Woody will facilitate self-insight and provide simple techniques for effectively managing in this ever-changing business environment. In this session Dr. Woody will focus on developing self-insight, building trust and fostering psychological safety. The session will blend interactive lectures, individual exercises, and group discussions. The session will culminate with each participant making commitments to turning their learning into action.

### DR. MICHAEL WOODWARD

Michael 'Dr. Woody' Woodward, PhD is a Clinical Assistant Professor of Executive Coaching at New York University (NYU) where he leads the Master of Science program in Executive Coaching and Organizational Consulting. He is also a CEC certified professional coach trained in the field of industrial and organizational psychology. As a consultant and professional coach, Dr. Woody works with both private and corporate clients on building management and leadership capacity. Dr. Woody has been an advisor to the EY Entrepreneur of the Year and Entrepreneurial Winning Women programs.

# TOPICS COVERED

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## INTRODUCTION: WHAT MAKES AN EFFECTIVE MANAGER

THE LATEST RESEARCH ON WHAT MAKES A SUCCESSFUL MANAGER  
THE GALLUP 5 MODEL FOR HIGHLY EFFECTIVE MANAGERS

## EXERCISE - ARTICULATING YOUR VALUES COMPASS, DEBRIEF & DISCUSSION

### THE VALUES COMPASS - HOW YOUR VALUES GUIDE YOUR DECISIONS

THE ROLE OF VALUES IN MANAGING AND LEADING  
EXAMPLES OF VALUES IN BUSINESS LEADERSHIP  
IDENTIFYING AND ARTICULATING YOUR FIVE (5) CORE VALUES

### THE TRUST FACTOR - ESTABLISHING AND CREATING A TEAM BOND

A FIVE-COMPONENT MODEL FOR BUILDING TRUST  
PRINCIPLES FOR ESTABLISHING PSYCHOLOGICAL SAFETY  
TACTICS FOR CULTIVATING A SAFE AND OPEN ENVIRONMENT

## EXERCISE - CREATING YOUR TEAM ANDON, DEBRIEF AND DISCUSSION COMMITMENTS TO ACTION AND CLOSEOUT

FOR REGISTRATION PLEASE CONTACT: **Brendan Dowd** - IMS Regional Director - Saint-Louis  
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