



## Take Your High-Performance Leadership Thinking to the Next Level

### Session Details

Faculty: Dr. Daniel Friedland Date: Thursday, July 25, 2019  
 Location: Pacific Energy Center San Francisco Sign In: 8:30 AM  
 851 Howard St., San Francisco, CA 94103  
 Phone: 415-973-2277 Session: 9:00 AM - 4:00 PM

### Session Description

High-Performance Leaders are achievement oriented. They are visionary, purposeful, and decisive. Most importantly, they get results. They achieve these results because they relate authentically to their peers and direct reports. What sets high performance leaders apart from others is their awareness of themselves and the organizational systems. This enables them to effectively navigate stress and change. This seminar will help you develop the skills of a high performance leader. Learn how to create highly engaged cultures that drive greater business performance and thriving teams. Don't miss this chance to take your leadership to the next level and make an even bigger difference in the lives of those who you serve.

### Biography

Dr. Daniel Friedland, is an expert on the science and practice of High-Performance Conscious Leadership and author of Leading Well from Within: A Neuroscience and Mindfulness-Based Framework for Conscious Leadership. "Dr. Danny" helps leaders and their organizations leverage neuroscience and mindfulness-based skills and practices to better navigate stress, clarify vision and purpose, and create high performing teams and thriving cultures to multiply their success and positive impact in the world. His expertise from publishing one of the early textbooks on Evidence-Based Medicine has enabled him to apply science-based solutions to leadership growth and development. He not only understands the science of leadership, but having served as the Founding Chair of the Academy of Integrative Health and Medicine and Co-Chairman of the San Diego Chapter of Conscious Capitalism, intimately understands the blessings and challenges of leadership, and the growth it asks. He serves as the CEO of SuperSmartHealth, where he provides keynote addresses, workshops and executive coaching to cultivate High Performance Conscious Leadership. He speaks at national and global conferences and his clients include Fortune 500 companies and healthcare systems.

### Guide to Participant Selection

| Department                                      | Admin | Distrub | Engr | Finc | H.R. | Legal | Mktng | IT | Or | Plng | Pchsg | R&D | Sales |
|---|-------|---------|------|------|------|-------|-------|----|----|------|-------|-----|-------|
| <b>Senior Executive</b><br>(Pres. Exec & Sr VP) | 3     | 3       | 3    | 3    | 3    | 3     | 3     | 3  | 3  | 3    | 3     | 3   | 3     |
| <b>Executive</b><br>(VP & Gen'l Mgr)            | 2     | 2       | 2    | 2    | 2    | 2     | 2     | 2  | 2  | 2    | 2     | 2   | 2     |
| <b>Senior Managers</b><br>(Div & Reg. Mgrs)     | 1     | 1       | 1    | 1    | 1    | 1     | 1     | 1  | 1  | 1    | 1     | 1   | 1     |
| <b>Middle Managers</b><br>& Superintendents     | 1     | 1       | 1    | 1    | 1    | 1     | 1     | 1  | 1  | 1    | 1     | 1   | 1     |

### Time Allocation - Topics

- 25% Discover how to lead from your highest self in order to fully connect with those around you
- 25% Learn ways to find time, energy, and focus for the big picture work of leadership
- 25% Cultivate engagement and get results by focusing on what matters most
- 25% Enhance relationships and create high performing teams by communicating purpose

## Focus

### **Primary - Leadership Development**

Commitment, Communication, Decisiveness, Motivation, Timing, Use of Time

### **Secondary - Planning/Organizing**

Problem Identification, Selecting and Organizing Information, Developing Specific Plans, Determining Required Resources

### **Tertiary - Executing/Controlling/Evaluating**

Decision Making, Delegation, Coordination, Meeting Schedules, Follow Up

## Level

Introductory

Intermediate

Advanced

FOR REGISTRATIONS PLEASE CONTACT: **Steven Berg**

Phone: **+1 (949) 742-2088** Email: **sanfrancisco@ims-online.com** Website: **www.ims-online.com**