



TAKE YOUR HIGH-PERFORMANCE LEADERSHIP
THINKING TO THE NEXT LEVEL
with Daniel Friedland MD
\$475 (US) per person

VIRTUAL SESSION (3-HOUR)

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High-Performance Leaders are achievement oriented. They are visionary, purposeful, and decisive. Most importantly, they get results. They achieve these results because they relate authentically to their peers and direct reports. What sets high performance leaders apart from others is their awareness of themselves and the organizational systems. This enables them to effectively navigate stress and change. This seminar will help you develop the skills of a high performance leader. Learn how to create highly engaged cultures that drive greater business performance and thriving teams. Don't miss this chance to take your leadership to the next level and make an even bigger difference in the lives of those who you serve.

DANIEL FRIEDLAND MD

Dr. Daniel Friedland, is an expert on the science and practice of High-Performance Conscious Leadership and author of *Leading Well from Within: A Neuroscience and Mindfulness-Based Framework for Conscious Leadership*. "Dr. Danny" helps leaders and their organizations leverage neuroscience and mindfulness-based skills and practices to better navigate stress, clarify vision and purpose, and create high performing teams and thriving cultures to multiply their success and positive impact in the world. His expertise from publishing one of the early textbooks on Evidence-Based Medicine has enabled him to apply science-based solutions to leadership growth and development. He not only understands the science of leadership, but having served as the Founding Chair of the Academy of Integrative Health and Medicine and Co-Chairman of the San Diego Chapter of Conscious Capitalism, intimately understands the blessings and challenges of leadership, and the growth it asks. He serves as the CEO of SuperSmartHealth, where he provides keynote addresses, workshops and executive coaching to cultivate High Performance Conscious Leadership. He speaks at national and global conferences and his clients include Fortune 500 companies and healthcare systems.

TOPICS COVERED

DISCOVER HOW TO LEAD FROM YOUR HIGHEST SELF IN ORDER TO FULLY CONNECT WITH THOSE AROUND YOU

CULTIVATE ENGAGEMENT AND GET RESULTS BY FOCUSING ON WHAT MATTERS MOST

ENHANCE RELATIONSHIPS AND CREATE HIGH PERFORMING TEAMS BY COMMUNICATING PURPOSE

FOR REGISTRATION PLEASE CONTACT: - IMS Regional Director -
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