



## WORK SMARTER, NOT HARDER: HOW TO GAIN CONTROL OF YOUR PRIORITIES

In this era of doing more with less, it has become crucial for managers and executives to better manage their time and themselves. This workshop will give you the skills needed to prioritize your activities and optimize your use of time, whether it be in meetings, phone conversations, or your daily activities. You will see how to eliminate procrastination, increase productivity and achieve results. As a holistic physician Dr. Rick Brinkman found that when he helped patients clarify their priorities and put a process in place to create time and fulfill those priorities their depression and low energy would disappear. This seminar is about the quality of your life. When all is done you will immediately find more time in the day to do the things that are precious to you.

## DR. RICK BRINKMAN

DR. Richard Brinkman is the developer of Conscious Communication® program and the principal of Rick Brinkman Productions, Inc., a training and development company. He is author of numerous books including the international bestseller Dealing With People You Can't Stand: How to Bring Out the Best in People at Their Worst (McGraw Hill), which has been translated into 25 languages. He has co-authored Life by Design and Dealing With Relatives, also published by McGraw-Hill. He is the sole author of Dealing with Meetings You Can't Stand: Meet Less and Do More. He is the co-author of the McGraw-Hill book Love Thy Customer and the developer of the Conscious Communication University online course with 7 hours of entertaining video and interaction. In 1988 he was one of only 15 people the Tom Peters group approved to do the public excellence seminars. He is frequently used by media as a communication expert and has been featured by CNN, The Wall Street Journal, and Oprah magazine. His clients have included: LucasFilm, IBM, Intel, US Navy at Pearl Harbor, the City of Decatur, the City of Leicester in England, Petronas the National Oil Company of Malaysia, Ford, US Army, FAA, Red Cross, and more. He has been an IMS faculty since 1995 and is a recipient of the Distinguished Faculty Award.

## **TOPICS COVERED**

FOR REGISTRATION PLEASE CONTACT: - IMS Regional Director - Phone: Email: Website: https://ims-online.com/leadership-development//